





Riverside Elementary East Lunch Menu

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
1 BBQ Chicken Burger Chicken Nuggets w/WG Brd. Chicken Caesar Salad w/Crkrs Baked Fries Green Beans Fresh Red Pepper Slices Applesauce or Juice	2 Chicken Fajita Hot Dog on a Bun All Amer.Chef Salad w/Crkrs. Baked Tater Tots Seasoned Carrots Garden Salad Diced Pears or Juice	Nachos Chick.Nuggets w/WG Brd. Turkey & Ch.Sandwich Steamed Rice Vegetarian Baked Beans Fresh Celery Sticks Strawberry Cup or Juice	4 Chicken Nuggets w/WG Brd. Cheese Pizza Chick.Caesar Sal.w/Crkrs. Steamed Rice Steamed Broccoli Fresh Baby Carrots Diced Peaches or Juice	I
8 Chicken Fajita Chicken Patty Sandwich Ham & Cheese Sand. Baked Fries Golden Corn Garden Salad Peach Cup or Juice	Chicken Nuggets w/WG Brd. Brd.Chicken Caesar Wrap Baked Tater Tots Seasoned Green Beans Fresh Celery Sticks	Tacos Chick.Nuggets w/WG Brd. Turkey Chef Salad w/Crkrs Steamed Rice Vegetarian Baked Beans Fresh Broccoli Mixed Fruit Cup or Juice	11 Chicken Patty Sandwich Pepperoni Pizza Ham & Cheese Wrap Baked Fries Steamed Carrots Garden Salad Applesauce Cup or Juice	C
15 Fr.Tst.Sticks w/Sausage BBQ Chicken Burger Ham & Cheese Sandwich Baked Tater Tots Green Beans Fresh Red Pepper Slices Applesauce Cup or Juice	Popcorn Chicken Hot Dog on a Bun Ham Chef Salad w/Crkrs. Baked Fries Steamed Broccoli Garden Salad Diced Pears or Juice	17Nachos Chick.Nuggets w/WG Brd. Ham & Cheese Wrap Steamed Rice Vegetarian Beans Fresh Baby Carrots Strawberry Cup or Juice	18 Chicken Patty Sandwich Cheese Pizza Turkey & Cheese Sand. Baked Fries Seasoned Peas Fresh Celery Sticks Blueberries w/Wp.Cr. or Juice	R F
22 Meatball Hoagie Chicken Patty Sandwich Turkey Chef Salad w/Crkrs. Baked Fries Seasoned Peas Garden Salad Diced Pears or Juice	23 Hot Dog on a Bun Chicken Nuggets w/WG Brd. Ham & Cheese Sand Baked Fries Seasoned Green Beans Celery Sticks Peach Cup or Juice	Tacos Chicken Nuggets w/Chzits Chick.Caesar Sal.w/Crkrs. Steamed Rice Vegetarian Beans Fresh Baby Carrots Blueberries w/Wp.Cr. or Juice	Hot Ham & Ch./Pretzel Roll Pepperoni Pizza Ham & Ch. Wrap Baked Fries Golden Corn Garden Salad Peach Cup or Juice	p
29 Pork BBQ on a Bun Chicken Nuggets w/Brd. Turkey Chef Salad w/Crkrs Baked Fries Sweet Peas Fresh Red Pepper Slices	30 Hot Dog on a Bun Chicken Nuggets w/Chzits Ham & Cheese Sandwich Steamed Carrots Baked Tater Tots Garden Salad	31 Mozz.Ch.Sticks w/Marinara Chicken Patty Sandwich Ham Chef Salad w/Crkrs. Baked Sweet Potato Fries Golden Corn Fresh Baby Carrots	Full Paid Lunch \$2.20 Reduced .40 Free .0	Mer
	1 BBQ Chicken Burger Chicken Nuggets w/WG Brd. Chicken Caesar Salad w/Crkrs Baked Fries Green Beans Fresh Red Pepper Slices Applesauce or Juice 8 Chicken Fajita Chicken Patty Sandwich Ham & Cheese Sand. Baked Fries Golden Corn Garden Salad Peach Cup or Juice 15 Fr.Tst.Sticks w/Sausage BBQ Chicken Burger Ham & Cheese Sandwich Baked Tater Tots Green Beans Fresh Red Pepper Slices Applesauce Cup or Juice 22 Meatball Hoagie Chicken Patty Sandwich Turkey Chef Salad w/Crkrs. Baked Fries Seasoned Peas Garden Salad Diced Pears or Juice 29 Pork BBQ on a Bun Chicken Nuggets w/Brd. Turkey Chef Salad w/Crkrs Baked Fries Sweet Peas	1 BBQ Chicken Burger Chicken Nuggets w/WG Brd. Chicken Caesar Salad w/Crkrs Baked Fries Green Beans Fresh Red Pepper Slices Applesauce or Juice 8 Chicken Fajita Chicken Patty Sandwich Ham & Cheese Sand. Baked Fries Golden Corn Garden Salad Peach Cup or Juice 15 Fr.Tst.Sticks w/Sausage BBQ Chicken Burger Ham & Cheese Sandwich Baked Tater Tots Green Beans Fresh Red Pepper Slices Applesauce Cup or Juice 16 Popcorn Chicken Hot Dog on a Bun Chicken Patty Sandwich Baked Fries Steamed Broccoli Garden Salad Diced Pears or Juice 16 Popcorn Chicken Hot Dog on a Bun Ham Chef Salad w/Crkrs. Baked Fries Steamed Broccoli Garden Salad Diced Pears or Juice 17 Popcorn Chicken Hot Dog on a Bun Chicken Nuggets w/WG Brd. Ham Chef Salad w/Crkrs. Baked Fries Steamed Broccoli Garden Salad Diced Pears or Juice 18 Chicken Fajita Hot Dog on a Bun Chicken Nuggets w/WG Brd. Ham & Cheese Sand Baked Fries Seasoned Green Beans Celery Sticks Peach Cup or Juice 18 Chicken Fajita Hot Dog on a Bun Chicken Nuggets w/WG Brd. Ham & Cheese Sand Baked Fries Seasoned Green Beans Celery Sticks Peach Cup or Juice 19 Pork BBQ on a Bun Chicken Nuggets w/WG Brd. Ham & Cheese Sand Baked Fries Seasoned Green Beans Celery Sticks Peach Cup or Juice 19 Pork BBQ on a Bun Chicken Nuggets w/WG Brd. Ham & Cheese Sand Baked Fries Seasoned Green Beans Celery Sticks Peach Cup or Juice 10 Popcorn Chicken Hot Dog on a Bun Chicken Nuggets w/WG Brd. Ham & Cheese Sand Baked Fries Seasoned Green Beans Celery Sticks Peach Cup or Juice 10 Popcorn Chicken Hot Dog on a Bun Chicken Nuggets w/WG Brd. Ham & Cheese Sand Baked Fries Seasoned Green Beans Celery Sticks Peach Cup or Juice	1 BBQ Chicken Burger Chicken Nuggets w/WG Brd. Chicken Caesar Salad w/Crkrs Baked Fries Green Beans Fresh Red Pepper Slices Applesauce or Juice 8 Chicken Patity Sandwich Ham & Cheese Sand. Baked Fries Golden Corn Garden Salad Peach Cup or Juice 9 Pork BBQ on a Bun Chicken Caesar Wrap Baked Tries Golden Corn Garden Salad Peach Cup or Juice 15 Fr.Tst.Sticks w/Sausage BBQ Chicken Burger Ham & Cheese Sandwich Baked Tater Tots Seasoned Carrots Green Beans Fresh Red Pepper Slices Applesauce or Juice 16 Popcorn Chicken Hot Dog on a Bun Chicken Caesar Wrap Baked Tries Golden Corn Garden Salad Peach Cup or Juice 17 Fr.Tst.Sticks w/Sausage BBQ Chicken Burger Ham & Cheese Sandwich Baked Tater Tots Green Beans Fresh Red Pepper Slices Applesauce Cup or Juice 17 Nachos Chick.Nuggets w/WG Brd. Turkey Chef Salad w/Crkrs Baked Fries Steamed Broccoli Garden Salad Diced Pears or Juice 18 Popcorn Chicken Hot Dog on a Bun Ham Chef Salad w/Crkrs. Baked Fries Steamed Broccoli Garden Salad Diced Pears or Juice 19 Pork BBQ on Bun Chicken Nuggets w/WG Brd. Ham Chef Salad w/Crkrs. Baked Fries Seasoned Peas Garden Salad Diced Pears or Juice 20 Hot Dog on a Bun Chicken Nuggets w/WG Brd. Ham Chef Salad w/Crkrs. Baked Fries Seasoned Pears or Juice 21 Hot Dog on a Bun Chicken Nuggets w/WG Brd. Ham Chef Salad w/Crkrs. Baked Fries Seasoned Pears or Juice 22 Hot Dog on a Bun Chicken Nuggets w/WG Brd. Ham Cheese Sand Baked Fries Seasoned Pears or Juice 31 Hot Dog on a Bun Chicken Nuggets w/Chzits Chick.Caesar Sal.w/Crkrs. Steamed Rice Vegetarian Beans Fresh Baby Carrots Blueberries w/Wp.Cr. or Juice 24 Tacos Chicken Nuggets w/Chzits Chicken Nuggets w/Chzits Chicken Patty Sandwich Baked Fries Seasoned Peas Garden Salad Diced Pears or Juice 32 Hot Dog on a Bun Chicken Nuggets w/Chzits Chicken Patty Sandwich Baked Fries Seasoned Peas Garden Salad w/Crkrs. Baked Fries Seasoned Peas Garden Salad	1 BBQ Chicken Burger Chicken Nuggets w/WG Brd. Chicken Caesar Salad w/Crkrs Baked Fries Green Beans Fresh Red Pepper Slices Applesauce or Julice 2 Chicken Fajita Chicken Fajita Chicken Patty Sandwich Ham & Cheese Sand. Baked Fries Golden Corn Garden Salad Peach Cup or Julice 2 Poper Beans Fresh Red Pepper Slices Applesauce Cup or Julice 3 Chicken Patty Sandwich Ham & Cheese Sand. Baked Tries Seasoned Rice Seasoned Green Beans Fresh Celery Sticks Seasoned Peas Fresh Red Pepper Slices Applesauce Cup or Julice 3 Chicken Nuggets w/WG Brd. Turkey & Ch.Sandwich Steamed Rice Vegetarian Baked Beans Fresh Celery Sticks Steamed Rice Vegetarian Baked Beans Fresh Celery Sticks Steamed Rice Vegetarian Baked Beans Fresh Red Pepper Slices Steamed Rice Vegetarian Baked Beans Fresh Broccoli Mixed Fruit Cup or Julice 4 Chicken Nuggets w/WG Brd. Turkey Chef Salad w/Crkrs Steamed Rice Vegetarian Baked Beans Fresh Red Pepper Slices Steamed Rice Vegetarian Baked Beans Fresh Broccoli Mixed Fruit Cup or Julice 5 Popcorn Chicken Ham & Cheese Wrap Baked Fries Seasoned Peas Fresh Red Pepper Slices Seasoned Peas Garden Salad Diced Pears or Julice 2 Metaball Hoagie Chicken Patty Sandwich Turkey Chef Salad w/Crkrs Steamed Rice Vegetarian Baked Beans Fresh Broccoli Mixed Fruit Cup or Julice 4 Chicken Nuggets w/WG Brd. Turkey Chef Salad w/Crkrs Steamed Rice Vegetarian Baked Beans Fresh Baled Beans Fresh Broccoli Mixed Fruit Cup or Julice 5 Chick. Nuggets w/WG Brd. Ham & Cheese Wrap Steamed Rice Vegetarian Baked Beans Fresh Red Pepper Slices Seasoned Peas Fresh Red Pepper Slices Seasoned Seasoned Reas Seasoned Reas Steamed Rice Vegetarian Beans Fresh Celery Sticks Steamed Rice

More Info...

Offered Daily:
Fresh Fruit
Or Juice
Fresh
Vegetables

1% Milk Skim Milk Chocolate Skim Milk

All Breads, Rolls, Pasta and Pizza Dough is Whole Grain

Students must pick at least one serving of fruit or vegetable with their meal

Alternate Meal
Cheese Sand.
Piece of Fruit
Choice of Milk

Menus are subject to change without notice.

